

Nebraska State Patrol Recruit Class 57
Journal: Week # 9

Camp 57 returned Sunday evening for week 9 having earned the week 8 battle streamer, yet aware that week 9 would present its own challenges with new T.A.C Troopers and changes in the class chain of command.

Monday morning PT started with benchmark #4 of 100 push-ups, 100 squats, 100 sit ups, and 100 superman's. Completion of our second Motor Vehicle Law exam and a class of Arrest, Search, and Seizure rounded out the morning. After lunch Captain Duis spoke to the class about our time at the Academy thus far and what was to come. A focus of his presentation was on the importance of leadership and its role as a State Trooper. The balance of the day consisted of firearms refresher with Trooper Hagen. Drills were conducted on how to exit our vehicle with a rifle and how to get into the fight efficiently, along with combat a firearms course tying together both our handgun and rifle training.

Motor Vehicle Law began Tuesday's instruction, followed by Sgt. Kavan and Defensive Tactics. Motivation levels remained high while we reviewed the skills we had learned the previous week in both the classroom and the mat room. Some of the class was a little sore, but we were ready to learn even more and increase the intensity.

On Wednesday we completed the "Dirty 30" for PT, joined by Troopers Schmidt and Kavan. After PT it was Motor Vehicle Law and then back to the mats for more Defensive Tactics. This session involved weapon disarming and retention techniques. A video reinforced the importance of these skills and helped our focus. Knife fighting and how to defend against a knife attack were also addressed in this session. The day closed with the completion of our practical exam for Defensive Tactics.

Thursday proved a new challenge for Class 57. Three scenarios were presented in which we had to use Defensive Tactics techniques learned over the last two weeks. For many of the class this was an absolute blast. Upon completion of the scenarios we were paired up, put on boxing gloves and fought each other. For some in the class this was the first time being punched in the face or hit anywhere on the body. Many of us got banged up but there were no serious injuries.

Week 9 for class 57 drew to a close with a formal inspection conducted by Colonel Rice and Lt. Colonel Schwarten. Both spoke with us about the importance of staying in the fight and never giving up. During the afternoon we began the initial block of EVOC (Emergency Vehicle Operations Course). During this time we learned that we had also earned the week 9 battle streamer and at the start of week 10 we would advance to phase 2 of our training.

For It Is Our Duty