

**Nebraska State Patrol Recruit Class 57**  
**Journal: Week # 8**

Camp 57 returned for week 8 on Sunday April 10<sup>th</sup> 2016 still 21 strong and eager to continue on the process to make it to become State Troopers. Week 7 had its challenges but we were eager to take on week 8 with even more drive and passion than before. We knew going into week 8 defensive tactics was going to be a challenge and we would have to adapt to if we wanted to earn week 8 battle streamer. We had one exam to prepare for over the weekend and it was over radio procedures on Monday.

The classroom portion of week 8 consisted of motor vehicle law and arrest, search, and seizure. Throughout the week class 57 started each day after PT with these two classes and then had Defensive Tactics the rest of the day. This week in motor vehicle law we dove into the liquor laws and operator license classifications. In arrest, search, and seizure we went over the elements required for search warrants and the citizens' rights provided by the bill of rights.

Defensive tactics was the highlight during week 8. We had some classroom time before each major series of practical drills then it was to the mats. We jumped right in with multiple tactical handcuffing exercises, strikes, takedown, blocks, and grappling. Many of the class got bumps and bruises throughout the week but we fought through it. After a while we started to develop a tool box of maneuvers to help us win in various situations we could and would face out on the road. On Thursday we ended the day with each recruit delivering and receiving a brachial stun at 80 percent. In the end many left with an understanding of the power delivered in the tactics we had learned.

Week 8 ended with Class 57 earning week 8 battle streamer. The class had the Class Leader Recruit Chick pin it on the guidon, because his leadership throughout the week was unwavering. The week was physically taxing to our bodies but it was filled with a large amount of knowledge that we will utilize out on the road.

***For It Is Our Duty***