

**Nebraska State Patrol Recruit Class 57**  
**Journal: Week #6**

Week 6 for Class 57 started out on the range again. We conducted even more Rifle Training with Trp. Hagen. We were taught more on the fundamentals of rifle marksmanship and how to deploy it from different stances. We also worked on moving and shooting and transitioning from the rifle to the handgun. The instructors taught us how to accurately and quickly engage multiple targets. We shot from a multitude of ranges and positions out to hundred yards. The range ended with the class shooting the qualification course and then we worked on low light shooting.

Once Class 57 was done out on the range, it was back to the classroom for the rest of the week. The classes were Motor Vehicle Law, Constitutional Law, Fingerprinting, Policy and Procedures, PBT/Datamaster, and Human and Trafficking. Each class brought something very unique and different than anything we have had up to this point. Many in the class were anxious for Motor Vehicle Law, we have heard it will be one of the most taxing classes but for good reason it is one of the most important classes taught in the training academy.

PT for week was Benchmark 4, 100 pushups, 100 situps, and 100 superman, with 800m run. Starting on Class 57 was eager and showed their continuous motivation early on during physical training. Other PT sessions were 5 stations of pullups, pushups, situps, squats, and supermans for 3 rounds in quick sequence. Also we had a formation run and a rope climb.

Week 6 ended with us earning the Week #6 Battle Streamer and the Class Leader gave Recruit Joyce the honor on hanging it on the Guidon for her display of leadership throughout week 6.

***For It Is Our Duty***