

**Nebraska State Patrol Recruit Class 57**  
**Journal: Week #13**

For Class 57, week 13 started Sunday evening with all 21 members of Class 57 returning to the Training Academy. Having received the week 12 battle streamer, we had to figure out how to maintain and grow as a class to keep our progress continuing. We didn't quite know what to expect from week 13, but we knew that as long as we can stay together as a class, we would be able to get through it.

As for our daily physical training, we could see an increase in intensity, and new obstacles to overcome. The biggest difference in this week's physical training was the introduction of the log run. This was the first time that Class 57 had participated in the log run. We were separated into our three teams, and the course and obstacles were explained to us. Though as a class we found this new exercise quite challenging, it forced us to work as a team and learn to problem solve on the fly.

When it came to class work for week 13, Class 57 started their week out with a motor vehicle law final. As a class we were glad to be done with that chapter of our education, but we all know that it is a truly integral part of our training, that we will use every day. After the final we spent the first half of our week learning how to clear buildings, and what to do in an active shooter situation. These lessons showed that we had to show a sense of urgency while maintaining officer safety at the same time.

The second half of the week consisted of learning about hazardous materials awareness, chemical agents, and explosives identification. With the chemical agents, Class 57 went hands on and experienced the three different kinds of chemical agents that we may come in contact with. When experiencing the most severe chemical agent, we got to test our gas masks. We learned two major lessons from the chemical agents. First we can truly trust our equipment to keep us safe and able to function. Also, even though the chemical agents may cause severe symptoms that may hinder vision and breathing, you can still fight through it and accomplish tasks.

Unfortunately, Class 57 suffered a loss in week 13. We had one of our classmates dismissed from duty for failure of a practical exercise. Even with all the new obstacles Class 57 had faced this week, we earned the week 13 Battle Streamer. As we return for week 14, we must figure out what new challenges we shall need to overcome to develop and grow as a class.

***For it is Our Duty***