

**Nebraska State Patrol Recruit Class 57**  
**Journal: Week # 11**

Week 11 started Sunday evening as Class 57 returned to the Training Academy. Having earned the week 10 battle streamer we were determined to keep the streak going. With one week of phase 2 under our belt, we had to adapt and continue to work as a team to stay focused on our objectives.

Our daily Physical Training regimen continued with an increase in intensity in some areas which were cause for adjustments. The main highlight for PT during the week was a friendly competition of pushing a squad car around the track followed by a rope climb. We quickly learned the benefits of having a team that functions together.

Class 57 attended the Law Enforcement Memorial Ceremony at Fonner Park. The ceremony provided a reminder of the sacrifices others in our profession have made. It also caused reflection on the importance of training and the manner in which it is conducted in preparation for when we will be working the road.

Our class experienced the effects of life outside our training this week. A member of our class lost her father late last week and the funeral was scheduled for Tuesday. The resulting absence of one of our group for the week was apparent among the whole. As a class we were able to express our condolences, sending a flower memorial with the State Patrol officers that attended.

Week 11 was a return to the classroom for 57. Mobile Field Force demonstrated tactics for ending violent protests and riots when large groups are involved. In preparation for next week's training we learned how to use a PBT (Preliminary Breath Tester) and the functions required for testing DUI. During CLAN labs, we learned how methamphetamine was made and the various methods and materials used in the process. Drug Identification provided an interesting and in-depth look at the major types of drugs we would deal with as Troopers. The effects drugs have on people, why they take them, where they are made and identifying behavioral traits during use were among the topics presented. We ended the week with Juvenile Justice and Perimeter/Barricades and completed our third Motor Vehicle Law exam late Friday.

Class 57 earned the week 11 Battle Streamer. As we return for week 12 our awareness that the bar has been raised prompts us to maintain our focus as we strive forward.

**For It Is Our Duty**